



2nd Annual

# Palm View Community

FRIDAY,  
APRIL  
**19<sup>TH</sup>**  
10AM-12PM

# HEALTH

# FAIR

**FREE  
Health  
Screenings**

- Blood Glucose
- BMI
- Fatty Liver
- High Blood Pressure

Palm View Community Center Gymnasium  
3401 Jordan Rd., W.  
McAllen, TX 78503

*Join us for Zumba with Xochitl  
and Group Exercise with Tru-Fit  
Athletic Clubs!*

Come learn about  
healthy eating habits  
and how to stay active  
at any age!

### In Partnership:

- College of Health Care Professions(CHCP)
- McAllen Research
- Texas Department of Health and Human Services
- Tru-fit Athletic Clubs
- Zumba with Xochitl
- McAllen Parks and Recreation
- Access Esperanza Clinics
- HOPE Clinic
- Rodeo Dental
- Nuestra Clinica del Valle (NCDV)
- Behavioral Health Solutions
- Futuro Clinical Trials
- Tropical Smoothie Cafe
- The Vitamin Shoppe
- BOLD Insurance
- PAC Insurance
- AFLAC Insurance
- Lincoln Heritage Funeral Advantage
- Del Angel Funeral Home

**Raffle  
Prizes,  
Snacks &  
Giveaways!**



**For More Information  
Call 956.681.3110**